



## REGULATION OF THE MINISTER

### Item

#### **Amendment to Regulation No 41 of the Minister for Social Affairs of 24 August 2025 “Requirements for the Provision of Beauty and Personal Services”**

This Regulation is adopted on the basis of section 19(6) of the Public Health Act.

Regulation No 41 of the Minister for Social Affairs of 24 August 2025 “Requirements for the provision of beauty and personal services” is amended as follows:

- 1) in the second sentence of Section 11(1), the words “in the Annex to the Regulation” are replaced by the words “in Annex 1 to the Regulation”;
- 2) In Section 12, paragraphs 1 and 2 shall read:

“(1) For each solarium unit, the technical documentation issued by the manufacturer or importer containing the data specified in Annex 2 to the Regulation shall be available at the place where the service is provided.

(2) The replacement of solarium lamps must be recorded in a document which is available at the premises where the solarium service is provided and contains the following information:

  - 1) producer name;
  - 2) the name;
  - 3) amount;
  - 4) UV equivalency code;
  - 5) time resource;
  - 6) the date;
  - 7) the state of the operator’s permit.”;
- 3) subsection 5 is added to Section 12 to read as follows:

“(5) The solarium equipment must not emit radiation with an effective total irradiance, according to the erythema action spectrum, greater than 0.3 W/m<sup>2</sup>.”;
- 4) the Annex to the Regulation shall be read as Annex 1 (attached);
- 5) the Regulation is supplemented by Annex 2 (attached).

(digitally signed)  
Karmen Joller  
The Minister of Social Affairs

(digitally signed)  
Maarjo Mändmaa  
Secretary General

Pay attention!

Sunbathing is not allowed for persons under 18 years of age.

Sunbathing is not recommended for people with skin type 1 on the Fitzpatrick scale – that is, those with very fair skin who burn very easily.

Sunbathing is not recommended for people who have increased photosensitivity (skin sensitivity to light) and who have consequently fallen ill.

Sun tanning is not recommended for pregnant women.

The use of protective glasses is mandatory during tanning. Sensitive areas of the body, such as scars, tattoos, the genitals and the breasts, must be protected from UV radiation.

Excessive exposure to ultraviolet radiation is harmful to health. This can cause skin damage, accelerate premature skin ageing and increase the risk of skin cancer and melanoma.

Certain medicines and cosmetic products may cause unwanted skin reactions when exposed to UV radiation.

If your skin is particularly sensitive to the sun, you have a lot of moles, or a close relative has had skin cancer or melanoma, we recommend that you consult a dermatologist before using a solarium or sunbathing outdoors.

There must be at least 48 hours between the first two tanning sessions.

It is not advisable to sunbathe and use a solarium on the same day.

### **Data required in the technical documentation of the solarium equipment**

The technical documentation of the solarium equipment shall contain the following information:

- 1) Name of item of equipment;
- 2) serial number;
- 3) the manufacturer and year of production;
- 4) the standard's reference, title and version (or year of issue), where the standard has been followed in the conformity assessment;
- 5) the UV equivalence code range of the lamps.